

RECESS MENU

Hot Food

Nachos (GF)(V)	\$3
Pizza pocket half (V)	\$2.50
Ham & Cheese Muffin	\$3

Canteen Treats

Biscuit of the day	50c
Dried Mango	50c
Anzac Slice	\$1
Anzac Biscuit	\$1
Mini Muffin	\$1.50
Raw Bliss Ball	\$2
Cinnamon Scroll	\$2.50
Veggie Muffin (GF)	\$3.50
Yoghurt Cup	\$3.50
Fruit Salad (add Jelly 50c)	\$3
Banana Smoothie	\$3.50
Mini Munch	\$4

Parents:

Please view Spriggy for item ingredients.

**Please make the canteen aware
if your child has allergies**

LUNCH MENU

Rainbow Crunch Box \$7
Seasonal fruit and veg sticks,
hummus, egg, cheese & crackers

Toasted Sandwiches
GF Bread Available

Cheese	\$1
Ham and Cheese	\$4
Chicken and Cheese	\$5
Chicken, Cheese and Mayo	\$5
<i>Avocado \$1 - Pineapple 50c - Tomato 50c.</i>	
Vegemite Sandwich	\$4
Sausage Roll or Vegetarian	\$5.50
Sauce	50c

Fresh Salad Wrap \$5.50
(GF) Wrap Available + \$1
Salad includes lettuce, carrot, tomato &
cucumber.
Extra Protein Options:
Chicken \$1 - Ham \$1 - Egg \$1 - Avocado \$1.00
Cheese 50c.

Drinks

Water	\$2
Kombucha	\$3
Apple & Black Currant Juice	\$2.50
Orange Juice	\$2.50
Raw Life Juicy Half Pops	\$2.20
<i>(available at lunch only)</i>	

Daily Specials

Monday \$6.50
Pasta Bolognese (cheese)
Pesto Pasta

Tuesday \$6.50
Taco Tuesday
(Pulled Chicken with Salsa)

Wednesday \$8 half \$4.50
Sushi Chicken, Veg or Tuna.
(Avo + \$1)

Thursday \$6.50
BLT Burger (Bacon, Lettuce, Tomato)
Chicken + \$1.
GF +\$1
Sauce: Aioli (GF) or Tomato.

Friday \$6
Meatball Sub
(Beef meatballs, sauce, cheese)